



**Mayor Derek Armstead,
The City of Linden, and the
Department of Parks & Recreation**

2021 Fall Wrestling

OUR PROGRAM HAS PRODUCED LEAGUE & STATE CHAMPIONS

For children ages 6-18

No experience needed! No one is too big or too small to wrestle!

**Program runs from September 14th through November 18th
Practices are on Tuesdays & Thursdays from 6:30pm - 8:00pm
McManus Middle School - 300 Edgewood Road**

\$25 Registration Fee

\$6 Insurance Fee, if not yet paid this year for another program.

**Instruction on basic wrestling techniques & skills to
improve one's body awareness and overall confidence.**

All participants must have their own wrestling shoes.

Register online at linden-nj.gov/register

or in person at one of the following locations:

- John T Gregorio Center, 330 Helen Street (9am-4pm)
- Linden Multi-Purpose Center, 1025 John Street (9:30am-7:30pm)

All locations accept checks, money orders, Visa and Mastercard.
John T Gregorio Center is the only location that accepts exact cash.

No refunds once session begins.

PLEASE NOTE: All new "First Time" participants must bring the following original documents at time of registration and we will make copies:

- Child's original birth certificate.
- Household bill showing proof of residency.
- Driver's License or photo ID of parent/guardian signing up their child.

**Another quality program offered by the Department of Parks & Recreation
For more information, please call 908-474-8600**