

## INTRODUCING THE SMARTS EXECUTIVE FUNCTION CURRICULUM

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Dear Parents and/or Guardians,

We are happy to share the news with you that we will be using the SMARTS Executive Function Curriculum with your students. This program teaches students to set goals, think flexibly, prioritize their tasks, organize their time and materials, access memory efficiently, and monitor their progress.

SMARTS is a research-based curriculum created by the Research Institute for Learning and Development (ResearchILD), an educational non-profit headquartered in Lexington MA that is dedicated to transforming the lives of all students, and especially for those with learning and attention challenges. ResearchILD provides research-based executive function strategies that help students find their own path to academic and life success. SMARTS is used by thousands of teachers across the country and around the world in a range of classroom and clinical educational settings.

In SMARTS, students develop the self-understanding to know which strategies work best for them as they complete their homework, plan long-term projects, and study for tests. SMARTS builds supportive communities of learners who develop persistence, motivation, positive self-concept, and effective strategy use – the keys to success in school and in life!

If you have any questions about this program, please visit [www.smarts-ef.org](http://www.smarts-ef.org).