

## Closing out May 2022

It seems like the May 2022 exam session was, at one point, so far away, but it has come and gone in what feels like the blink of an eye. With exam groups ranging from as small as 5 students, to groups as large as 73, our temporary testing home at the PDRC was a very busy place during those four weeks. I am especially proud of the 100% attendance for all students for every subject area. This was a goal that I set for myself and for all students and teachers alike at the beginning of the year. I am proud of all of you for making this a reality. Just to share some of the numbers:



121 students  
examined



474 total examination  
papers

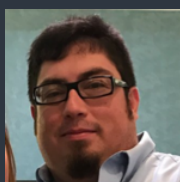


1,935 total minutes of  
testing

Thank you to students and teachers alike for all of the effort put in to making this a great success!

- Sincerely Anthony Fischetti

IB Coordinator



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## The Importance of Fostering Positive Relationships

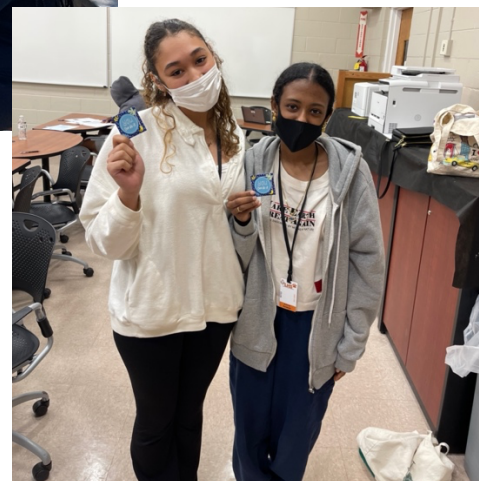
With IB testing throughout the end of April and May, along with NJSLA exams, preparations for final exams, prom, banquet, and graduation, students are under tremendous stress as the 2021-2022 academic year ends. Teachers are very aware of this and have gone to great lengths to nurture the connections that they have made with their students all year. Whether hosting review sessions, organizing celebrations, or sharing messages of inspiration with their students, teachers have gone above and beyond during this testing season to ensure that students know their worth!



(Left) Students in IB Psychology spend their lunch prior to their exam with Mr. Alvarez. In addition to reviewing material, students relaxed, talked with one another, and enjoyed the beautiful weather!



(Right) IB diploma students Kayla Delbrune and Rawan Mukhtar show off their note of encouragement from Mrs. Miguelez. She wrote over 30 individual notes to each of her Spanish students to reassure them of their success in IB Spanish.



## Planning Ahead

Recently, LHS hosted multiple information sessions for parents and students currently enrolled at LHS considering a future in the IB program and for parents and students moving from 8<sup>th</sup> grade to high school this upcoming fall. Both events were well attended and offered an overview of both the course and diploma route of IB study at LHS.



For anyone interested in finding out more information about our program at LHS, please scan the QR code below to connect to the LHS IB Portal. There, you will find information, videos, and links about the IB program as it pertains to LHS and the world.



## Ask an IB Senior

### IB students from the Class of 2022 share advice on finding success in the IB program

Recently, I was able to speak to IB senior students from the Class of 2022. Upon a return to in-person instruction, current seniors share their advice on navigating the IB world, and the jump from honors or CP classes to IB classes.

I won't lie and say IB is a breeze. It's definitely a rigorous course load to take. A lot of time is put into it, so make sure your mentally prepared. Take the courses that pertain to your dream career; it will help a lot in the future. Enjoy it though, especially the atmosphere of working with other prestigious students.



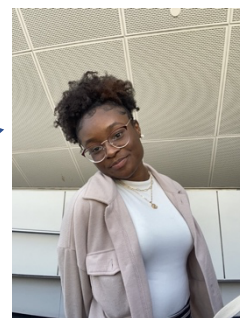
Emmanuel  
Okoro



Marianne Da  
Fonseca

As part of the rigorous IB Program throughout my junior and senior year of high school, I have been able to not only succeed academically, but also grow as a person. The IB courses have allowed me to reach my fullest potential as a student and provide an easier transition when starting College in the fall.

Being in high school challenged me in many ways, however taking IB classes taught me the importance of time management and self-discipline. It may be easy to procrastinate, but in IB you learn that makes life more stressful and less enjoyable. The courses are academically challenging because of the workload, but if you can manage your time wisely, you are bound to succeed, not only in IB courses but in all your endeavors.



Dencie  
Desrosiers



Carl Adolphe

IB has taught me to be responsible regardless of my time management or extracurricular activities. I am now sure of my skills and able to use them in real-life situations. IB is an opportunity that a every person should participate in, in order to build character and commitment. There are, in fact, ups and down to this experience, but, in my opinion, there is no better feeling than sticking it out to the end and enjoying the conclusion of it.



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## The IB Diploma

What does it take to obtain the IB diploma? When incoming students are deciding between the course or diploma route, one of the most common questions is how does a student obtain the IB diploma? In simple terms, full diploma students must do the following to be eligible for an IB diploma:

- Score a minimum of 24 total points
- Score at least a total of 12 points on HL subjects
- Score at least a total of 9 points on SL subjects
- Fulfill all CAS requirements
- Fulfill all requirements for TOK and EE

At Linden High School we also ask that all incoming IB diploma juniors are aware of the following requirements:

- Necessary study of 6 IB subjects, 3 at a standard level and 3 at a higher level
- Completion of IB examinations in each of the required subject areas
- Complete all Internal Assessment (IA) requirements for each individual class



## Ask an IB Senior continued....

In my opinion, certain IB courses are worth the rigorous dedication in the end. Think about the benefits you will receive including academic validation and money you'd be able to save! Just don't strain yourself by taking a course you feel is not necessary for you and stick to what you are confident in academically.



Jillian  
Dabrowski

As an IB diploma candidate, a couple of words of advice I would give to any incoming students would be, to always speak up. Advocate for yourself whenever you deem necessary. Ask questions, this will be a critical part of your learning process and your later success. Manage your time wisely and prepare accordingly for any IB requirements you may have. Make friends, this will relieve stress and help create lasting memories.



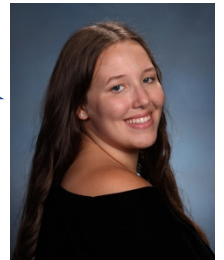
Kayla Delbrune

Take the IB courses that you feel will be most beneficial to your goals after high school. You won't overexert yourself if you choose to, and you will do something that interests you. It will allow you to enjoy your learning more.



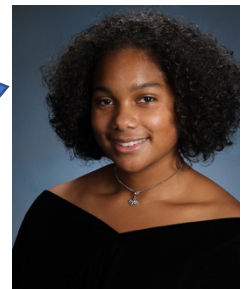
Alex Lopez  
Roman

When I enrolled in the Spanish IB program, I was hesitant at first because I didn't believe I was truly ready for the commitment. However, I can say that it was one of the smartest decisions I made. It's a fun experience and I highly recommend others to enroll in it.

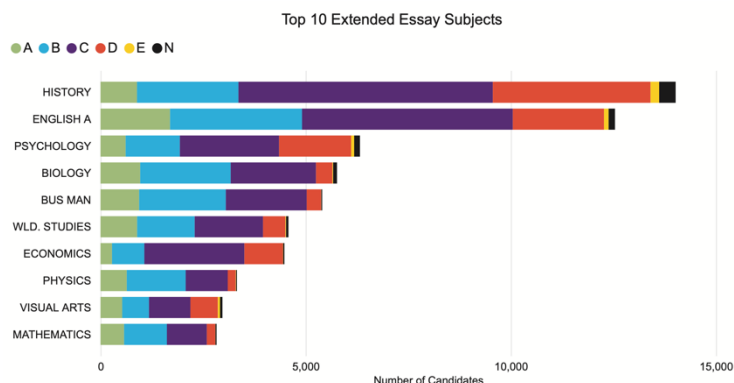


Abigail Meima

IB courses are worth the time and effort. I took three IB courses during my years of High school: IB Sports, IB English, and IB Spanish. I don't regret taking these courses at all, but my advice to you is to take your work seriously and take good notes. When exams come, notes will be your friend. They will help you understand the things you might have forgotten in the beginning of the year. Stay focused and stay strong. IB may sound intimidating, but it will be worth the while.



Heather Forde



(Left) Each year the IB releases the statistical results related to each exam session. As you can see the top 3 choices of Extended Essays for May 2021 were History, English A, and Psychology.

## Advice on the Extended Essay

It did not take long once I became the IB coordinator to realize that one of the biggest struggles for students is the extended essay. Upon first glance, it seems like the two-year progression of writing allows students a great deal of time to complete their work. Eventually, however, students realize that they are in senior year with many obligations, and time management becomes a mounting concern. Thankfully our extended essay supervisor, Mr. Robert Mangel, is a great guide for students. I recently asked him to share some of his insight and suggestions for completing the extended essay effectively and tenaciously.

*Within the International Baccalaureate Diploma program, the Extended Essay looms large as a cause of stress for students. As the Extended Essay Coordinator, my job is to help guide students through this process. For starters, students, I always advise you to choose a topic of interest to them. The Extended Essay is incredibly research heavy (lots of reading, lots of watching, lots of self-directed learning) so it is important that you are interested in your topic; it will be an incredibly dull process if not. My second piece of advice is to plan ahead. One of the things that I do is help you build a schedule and plan out*

*your research and writing. This process takes over a year for a reason; a well-done Extended Essay should take that long to complete. Lastly, try to find some joy in the process. Do not inundate yourself with dread and stress, we will get it done.*



## This Quarter's Advice from the IB Coordinator

### Q: How do I get my IB results in July?

A: This is always a question as the academic year ends and there is a very easy answer. I meet individually with each student after IB testing is over to do two things:

1. The IB allows results to be sent to one school of choice within the U.S. free of charge. I meet with students to know where they would like their scores sent.
2. At this time, I also share the Candidate Personal Identification Numbers with students, so they are aware of how to login

to the website to check their scores.

Students should begin checking the website after 10:30am on Wednesday July 6<sup>th</sup> to see their results.



Contact your coordinator! [afischetti@lindenps.org](mailto:afischetti@lindenps.org) 908-486-5432 Ext. 8343

## IB in the Linden Community

A service-minded approach is the cornerstone of the IB program for course and diploma students alike. Recently, the Linden Public Library was installing a self-service kiosk for their patrons when they realized that they wanted the language options to reflect the needs of the community. In order to obtain Polish and Haitian-Creole, the library called upon IB students to assist with the translations. Several students immediately offered their help on their own time to complete the job. A big thanks to LHS IB juniors, Marie Jean Pierre, Amy Bernard, Claudia Grezegorski and Klaudia Lukomska (pictured below) for their consideration and generosity for helping with this project.

