

RESOURCE LIST

IMAGINE, A CENTER FOR
COPING WITH LOSS
244 Sheffield Street
Mountainside, NJ 07092
<https://imaginejnj.org/>

908-264-3100

PERFORM CARE

PerformCare connects young people
and their families statewide to various
mental health services.

Available 24/7
www.performcarenj.org
877-652-7624

COOPERATIVE COUNSELING

407 Chestnut Street
Union, NJ 07083
www.cooperativecs.com

908-731-7099

GRIEF SPEAKS

<http://www.griefspeaks.com/>

973-985-4503

CRISIS HOTLINES/HELPLINES

 2ND FLOOR YOUTH HOTLINE: 888-222-2228
[HTTPS://WWW.2NDFLOOR.ORG/](https://www.2ndfloor.org/)

 CRISIS LIFELINE: 988

 CARING CONTACT: 908-232-2880

 NJ MENTAL HEALTH CARES: 866-202-HELP

