



LINDEN PUBLIC SCHOOLS

RESPECT FOR DIVERSITY - EXCELLENCE IN EDUCATION - COMMITMENT TO SERVICE

October 2022

Dear Parents/Guardians,

Comprehensive Health and Physical Education is part of your child’s educational experience and emphasizes the natural interdisciplinary connections between wellness, health, and physical education. The primary focus is to develop healthy behaviors within the context of self, family, school, and the local and global community.

The program is a mandate from the New Jersey State Department of Education and a part of all New Jersey public school programs. The New Jersey Student Learning Standards (NJSLS) of Comprehensive Health and Physical Education were revised in June 2020. These new standards and aligned curriculum will be implemented during the 2022-23 school year. They are established by the New Jersey Department of Education and can be found at: <https://www.nj.gov/education/standards/chp/>

Please review the Linden K-12 Health topics under the Parent Resource tab of the district website to see what topics are addressed at your child’s grade level. We invite you to examine and discuss this information with your child and contact your child’s Physical Education/Health teacher if you have any questions.

Should you find that one or more of these topics are in conflict with your conscience, and would like your child removed from the class when they are covered, please complete the form below and submit to your building principal.

COMPREHENSIVE HEALTH EDUCATION OPT-OUT FORM

I have read and reviewed the Linden School District’s Comprehensive Health curriculum for my child’s grade level.

Child’s Name _____

Grade: _____

Parent/Guardian Signature: _____

Date: _____

I would like my child to be excluded from the topics indicated below:
